



Corporate Catering Menu

Spring Mill Corporate Center
1100 East Hector Street
Conshohocken, PA 19428

P: (610) 260-9828

F: (610) 260-9838

www.ZoeFood4Life.com

Serving Breakfast and Lunch
Monday-Friday
6am-3pm

Available anytime for catering,
board meetings, holiday parties,
birthdays, bridal showers, or any
other occasions 7 days a week.
We can cater any events at our
location as well.

At Zoe Catering everything we do is fresh, from the high quality ingredients we use, to prepared meals, to the care we take in filling every catering order. Our unrelenting commitment to freshness is what sets us apart and allows us to keep our customers continually satisfied. Our menu and services have greatly expanded to reflect the wishes of our surrounding corporate offices, growing clientele & the environment around us.

Index

Breakfast	Page 1
Appetizers and Platters	Page 2
Sandwich Platters & Salads	Page 4
Lunch Entrees	Page 6
Hot Entrees	Page 7
Pasta Bar	Page 8
Side Dishes	Page 9
Pizza	Page 10
Dessert Platters	Page 12
Beverages	Page 13
Agreement	Page 14

If you wish not to have any utensils
please specify when ordering.
Thank you

For meetings we also have
space available.

Breakfast

Minimum 10 people order

Executive Hot Breakfast

Scrambled eggs, bacon, silver dollar pancakes with butter & maple syrup, home fries and an assortment of muffins.

\$7.00/person

Healthy Choice Parfait Bar

Fresh berries, granola, yogurt, toasted almonds and honey.

\$3.50/person

The Continental

Assortment of bagels, and muffins, with veggie and Philadelphia cream cheeses, butter, jelly and fresh cut fruit.

\$4.00/person

Hot Breakfast Sandwich Display

All of the favorites to include: bacon, sausage or ham egg & cheese, on assortment of wraps, bagels and English muffins.

\$4.00/person

Morning Glory Tray's

Danish Tray \$3.00/person

Bagel Tray \$3.00/person

-with Jelly, Butter
and Cream Cheese

Assorted Muffin Tray \$3.00/person

Fresh Fruit Salad Bowl

\$3.00/person

Lacas Gourmet Coffee

Half Carafe	Whole Carafe	Venti Carafe
\$20 (10 ppl)	\$40 (20 ppl)	\$90 (55 ppl)

Appetizer and Platters

Minimum 10 people order

Small Serves 10-15

Large Serves 20-25

Mediterranean Trio

Hummus, olive tapenade and white bean-roasted garlic dips surrounded by toasted pita chips and cucumbers slices.

Small	Large
\$40	\$70

Mexican Fiesta

Three dips, black bean-cilantro, salsa roja, and guacamole accompanied by crispy tri-color tortilla triangles.

Small	Large
\$40	\$70

Bruschetta "Dueta"

Two types, traditional tomato, red onion and basil and Mediterranean olive tapenade served with crostinis.

Small	Large
\$40	\$70

Fresh Cut Vegetable Display

An array of seasonal vegetables carved artistically with two dips, blue cheese-walnut dip and tangy raspberry vinaigrette.

Small	Large
\$45	\$80

Herb and Balsamic Roasted Vegetables

An array of grilled squash, peppers, eggplant, carrots, portabella mushrooms and red onions drizzled with balsamic syrup.

Small	Large
\$45	\$80

Assorted juices are listed under Beverages

\$1.95 each

We will be happy to customize any type of breakfast you desire.

Appetizer and Platters Cont....

Taste of Sicily

Cured imported Italian meat and cheese selection to include pepperoni, prosciutto, salami, sharp provolone and mozzarella garnished with marinated roasted red peppers, olives and artichokes.

Small	Large
\$65	\$95

Fresh Cut Fruit Display

A bountiful selection of melons, berries, pineapple, oranges and kiwi fruit garnished with grape bunches and honey cinnamon yogurt dipping sauce.

Small	Large
\$50	\$90

Gourmet Sandwich Platters

Sandwich Creations

Gourmet Sandwich Assortment

\$7.00/person

A) Cold Sandwiches

- 1) Roasted balsamic vegetables/ fresh mozzarella
- 2) Roasted turkey with greens and cranberry mayo.
- 3) Smoked ham, brie, and honey mustard.
- 4) Albacore tuna, tomato, and sprouts
- 5) Chicken salad, sprouts, and dijonnaise

B) Hot Sandwiches

- 1) Oven Roasted beef, cheddar, and horseradish sauce.
- 2) Grilled Chicken, pesto and tomatoes.
- 3) Cabo Chicken, apple wood bacon, chipotle sauce, caramelized onion, avocado, tomato & pepper jack cheese.
- 4) Roast turkey and Swiss with chipotle mayo.
- 5) Italian Grinder (Ham, Salami & Provolone)

All sandwiches are assembled on assorted breads and wraps and accompanied by sliced pickles.

Gourmet Salad Bowls

Cheddar-Macaroni Salad

Elbow macaroni with celery and red peppers in a creamy dressing with shredded cheddar cheese.

Small	Large
\$30	\$50

House Pasta Salad

Rotini pasta, julienne vegetables, grape tomatoes and olives in a pesto olive oil with shaved parmesan.

Small	Large
\$35	\$55

Caesar Salad

Traditional presentation with toasted croutons, shaved parmesan, and crisp romaine.

Small Large
\$45 \$70

Cusabi Coleslaw

Red and green cabbage shredded with carrots in a cucumber cusabi-honey dressing. (Regular coleslaw available upon request)

Small Large
\$35 \$55

Garden Salad

Mixed greens with carrots, cucumbers, red onions, and grape tomatoes with a choice of dressing.

Small Large
\$45 \$70

Antipasto

Proscuitto, salami, provolone, fresh mozzarella, roasted peppers, artichokes, olives, and pepperoncini tossed with romaine and zesty red wine vinaigrette.

Small Large
\$55 \$90

Mediterranean Salad

Chick peas, kidney beans, feta cheese, olives, grape tomatoes, red onion, and julienne carrots in a fresh oregano and lemon vinaigrette.

Small Large
\$40 \$70

Tomato, Fresh Mozzarella and Basil

Plum tomatoes, red onion, fresh mozzarella, basil, and black olives in a pesto infused olive oil with balsamic vinegar.

Small Large
\$45 \$75

Add \$1.50/person for grilled chicken

Small Feeds: 10-15 people

Large Feeds: 20-25 people

Minimum 10 people order

Luncheon Entrees

Minimum 10 people order

Grilled Balsamic Chicken Breast

With roasted portabella mushrooms and balsamic demi glaze.

\$7.00/person

Herb Breaded Chicken Cutlet

Topped with fresh mozzarella, grilled eggplant and roasted peppers in a fresh basil tomato cream sauce.

\$8.00 each

Traditional Chicken

Your choice of the following:

Parmesan, Piccatta, Marsala, Florentine or Lemon.

\$8.00/person

Stuffed Peppers

Mama's style with rice and specially seasoned ground beef.

\$7.00/person

Moussaka

Layers of eggplant, bechemel, roasted potatoes, onions & ground beef.

Half Pan Full Pan
\$40 \$80

Pastichio

The Greek lasagna, with ground beef, chesse, pasta, & bechemel sauce.

Half Pan Full Pan
\$35 \$70

Spanakopita

Spinach and feta cheese layered with flaky filo dough.

Half Pan Full Pan
\$25 \$40

Hot Entrees

Minimum 10 people order

Oven Roasted Carved Roast Beef Au Jus

Cooked Medium Rare finished with mushroom gravy and pearl onions.
\$8.00/person

Homemade Meatloaf

With caramelized onions and mushroom gravy. (Turkey Meatloaf upon request)
\$7.00/person

Oven Roasted Rosemary Pork Loin

With sun dried cranberries, roasted apples and sherry au jus.
\$7.00/person

Lump Crab and Corn Cakes

Baked and complimented with roasted red pepper tartar sauce.
\$11.00/person

Herb Grilled Atlantic Salmon

Topped with an asparagus, tomato and corn salsa.
\$8.00/person

Pecan Crusted Tilapia

Baked and finished with an aromatic lemon butter sauce.
\$8.00/person

Oven Roasted Carved Turkey Breast

Over traditional sage stuffing with natural gravy and cranberry sauce on the side.
\$8.00/person

The above items need 24 to 48 hour notice required for preparation. Thank you.

Pasta Bar

Your choice of pasta...

Your choice of sauce...

Pasta Selections

Bowtie	Linguine	Angel Hair
Penne	Orrechietta	Rotini
Rigatoni	Baby Shells	Fetuccini

Sauce Selections

Marinara	Rosa	
Alfredo	Putanesca	Pesto
Carbonara	Garlic & Oil	Garlic-Basil

Half Pan	Full Pan
\$40	\$70

Italian Specialties

<u>Homemade Lasagna</u>	Half Tray	Full Tray
Cheese	\$30	\$60
Meat	\$35	\$70
Vegetable	\$35	\$70

Penne with Pesto Sauce

Sundried tomatoes and grilled chicken.
Half Pan Full Pan
\$35 \$65

Cheese Raviolis

In a rosa sauce with fresh basil & broccoli.
Half Pan Full Pan
\$40 \$80

Homemade Meatballs Marinara

Half Pan Full Pan
\$40 \$80

Italian Sausage with Onions & Peppers

Half Pan Full Pan
\$40 \$80

Side Dishes

	<u>Half</u>	<u>Full</u>
1. Green Beans with Roasted Garlic	\$35	\$65
2. Buttered Parsley Egg Noodles	\$30	\$55
3. Glazed Baby Carrots	\$35	\$65
4. Steamed Vegetable Medley	\$35	\$65
5. Orzo with Peas	\$30	\$55
6. Homemade Mac & Cheese	\$40	\$70
7. Roasted Herb Potatoes	\$35	\$65
8. Garlic Smashed Potatoes	\$35	\$65
9. Cheddar Smashed Potatoes	\$35	\$65
10. Steamed Broccoli	\$35	\$65



Half Pan Serves 8-10
Full Pan serves 15-20
Minimum 10 people order

Pizza

All pizzas are available in either 16-inch traditional Neapolitan or flatbreads.
(Need a 2 hour notice)

Also available in Low-carb Sicilian and regular Sicilian. **(Need a 24 hour notice)**

Artisan Flatbread

Small	\$25	(16	2-inch pieces)
Medium	\$45	(32	2-inch pieces)
Large	\$70	(64	2-inch pieces)

Sicilian

Full Pan serves up to 10 pp \$45.00
 (Plain or one topping only)

Low-Carb Sicilian

Full Pan serves up to 10 pp \$45.00

Stromboli

(Need a 24 hour notice)

Each stromboli serves up to 6 people
 \$40.00 Each

Steak and three cheese blend
 Chicken pesto with broccoli
 Italian meats with cheese
 Primavera veggies with ricotta and mozzarella

Napoleans

Invented at Zoe

Triangular shaped Panini styled sandwiches
 made fresh with our own pizza dough.

Small	Large
\$25 (12 pieces)	\$45 (24 pieces)

Plain- red sauce and mozzarella.
 \$10.99

Margherita- fresh roma tomatoes, fresh mozzarella, and drizzled roasted gourmet garlic.
 \$12.99

Bella Verde- steamed broccoli & baby spinach, pesto cream sauce topped with fresh mozzarella.
 \$13.99

Pizza Cont....

Buffalo- chicken breast, spicy buffalo sauce and lite blue cheese with fresh mozzarella.

\$15.99

Palermo- prosciutto, pepperoni, Italian sausage, fontina, mozzarella and a lite spicy marinara.

\$15.99

Alamo BBQ- grilled chicken and sautéed onions cooked in our special BBQ sauce with yellow cheddar & fresh mozzarella.

\$15.99

Primavera- sautéed baby spinach, broccoli, peppers and onions, fresh tomato and zucchini, red sauce and fresh mozzarella.

\$15.99

Tuscany- grilled chicken, baby spinach, mushrooms, bacon, sun-dried tomato cream sauce with fresh mozzarella.

\$15.99

Volcano- jalapeno peppers, spicy Italian sausage, pepperoni, fontina and mozzarella with red sauce.

\$15.99

Rustica- spicy Italian sausage, caramelized onions, roasted peppers, fontina and fresh mozzarella cheeses.

\$15.99

Pistachio- frizzled onions, ground pistachios, fontina and mozzarella cheeses.

\$15.99

Toppings Available 1.00 each

Pepperoni	Green Peppers	Onions
Chicken	Sausage	Broccoli
Eggplant	Prosciutto	Jalapeno
Tomatoes	Roasted Peppers	
Mushrooms	Artichokes	Baby Spinach
Bacon	Olives	Caramelized
Onions	Garlic	

Dessert Platters

Minimum 10 people order

Assorted Fresh Baked Cookies or Brownies

Cookies \$1.75 each

Brownies \$1.95 each

Baklava Squares

Full Pan Serves 20 people

\$55

Lemon Pound Cake

\$1.75 each

Banana Nut Bread

\$1.75 each

Rice Pudding

Half Tray

\$20

Full Tray

\$40

Cinnamon Coffee Crumb Cake

Half Tray

\$20

Full Tray

\$40

Bread Pudding

Half Tray

\$20

Full Tray

\$40

Assorted Dessert Bars from Sweet Street

Price depends on selection, please inquire.

Beverages

Bottled Water	
16 fl oz	\$1.50
2 liter	\$2.50
Pepsi Products 20 oz.	\$1.75
Diet Pepsi	
Pepsi	
Ginger Ale	
Wild Cherry	
Lipton Green Tea	
Diet Lipton Green Tea	
Lipton White/Raspberry Tea	
Diet Sierra Mist	
Sierra Mist	
Mountain Dew	
Diet Mountain Dew	
Mug Root Beer	
Orange Crush	
Vitamin Waters 20 oz.	\$2.25
Defense- Raspberry/Apple	
Focus- Kiwi Strawberry	
Balance- Cran-Grappfruit	
Endurance- Peach/Mango	
Essential- Orange	
Energy- Tropical Citrus	
Multi V- Lemonade	
Formula 50- Grape	
Revive- Fruit Punch	
Perrier Sparkling Water	\$1.75
8.45 oz	
Everfresh	16.9 oz. \$1.95
Orange	
Apple	
Cranberry	
Kiwi Strawberry	
Fruit Punch	
Lemonade	
Grapefruit	
Coke Products	\$1.75

Agreement

- ❖ Please allow at least 24-hour notice when placing orders, 48-hours for special menu items. All orders above \$1000.00 will require 3 business days notice prior to function with a deposit and/or credit card.
- ❖ Cancellations require 24-hour notice. Orders cancelled less than 24 hours prior to event will result in a 50% charge to the client, including events cancelled due to inclement weather. All orders above \$1000.00 require 3-business day's cancellation.
- ❖ We accept Visa, MasterCard, & American Express. Online Ordering is available at our website at www.zoefood4life.com. A fee of 5% interest per month will be charged on all outstanding invoices, with no exceptions beyond 30 days. All others will be pre-paid.
- ❖ All items are delivered & served in disposable trays & containers. All orders include sufficient amount of paper products and serving utensils. Extra paper goods are available.